

June 2018



President: Roland Garrad

SUSSEX UNDER 13 & QUADKIDS CHAMPIONSHIPS on Saturday 30 June at Withdean Stadium, Brighton.

TIMETABLE

Track Events

Event	1	11.00	100m	Heats	U13 Girls
	2	11.20	100m	Heats	U13 Boys
	3	11.35	1500m	Final	U13 Girls
	4	11.45	1500m	Heats	U13 Boys
	5	12.00	75m Hurdles	Heats	U13 Boys
	6	12.10	70m Hurdles	Heats	U13 Girls
	7	12.20	100m	Final	U13 Girls
	8	12.30	100m	Final	U13 Boys
	10	12.55	75m		QuadKids Boys
	11	13.15	75m		QuadKids Girls
	12	13.35	200m	Heats	U13 Girls
	13	13.50	200m	Heats	U13 Boys
	14	14.15	75m Hurdles	Final	U13 Boys
	15	14.30	70m Hurdles	Final	U13 Girls
	16	14.40	200m	Final	U13 Girls
	17	14.55	200m	Final	U13 Boys
	18	15:00	100m	Final	Wheelchair Race
	19	15.10	600m		QuadKids Boys
	20	15.25	600m		QuadKids Girls
	21	15.45	800m	Final	U13 Girls
	22	15.55	800m	Final	U13 Boys
	23	16.05	800m	Final	Wheelchair Race
	24	16.30	4x100m Relay	Final	U13 Girls
	25	16.40	4x100m Relay	Final	U13 Boys

Field Events

Event	1	11.00	Discus		U13 Girls
	2	11.00	Discus		U13 Boys
	3	11.30	High Jump		U13 Boys
	4	12.00	Shot		U13 Boys
	5	12.00	St Long Jump		QuadKids Girls
	6	12.00	Howler		QuadKids Boys
	7	13.00	Long Jump		U13 Boys
	8	13.00	Shot		U13 Girls
	9	14.00	Howler		QuadKids Girls
	10	14.00	St Long Jump		QuadKids Boys
	11	14.00	High Jump		U13 Girls
	12	15.00	Long Jump		U13 Girls
	13	15.00	Javelin		U13 Girls
	14	15.30	Javelin		U13 Boys

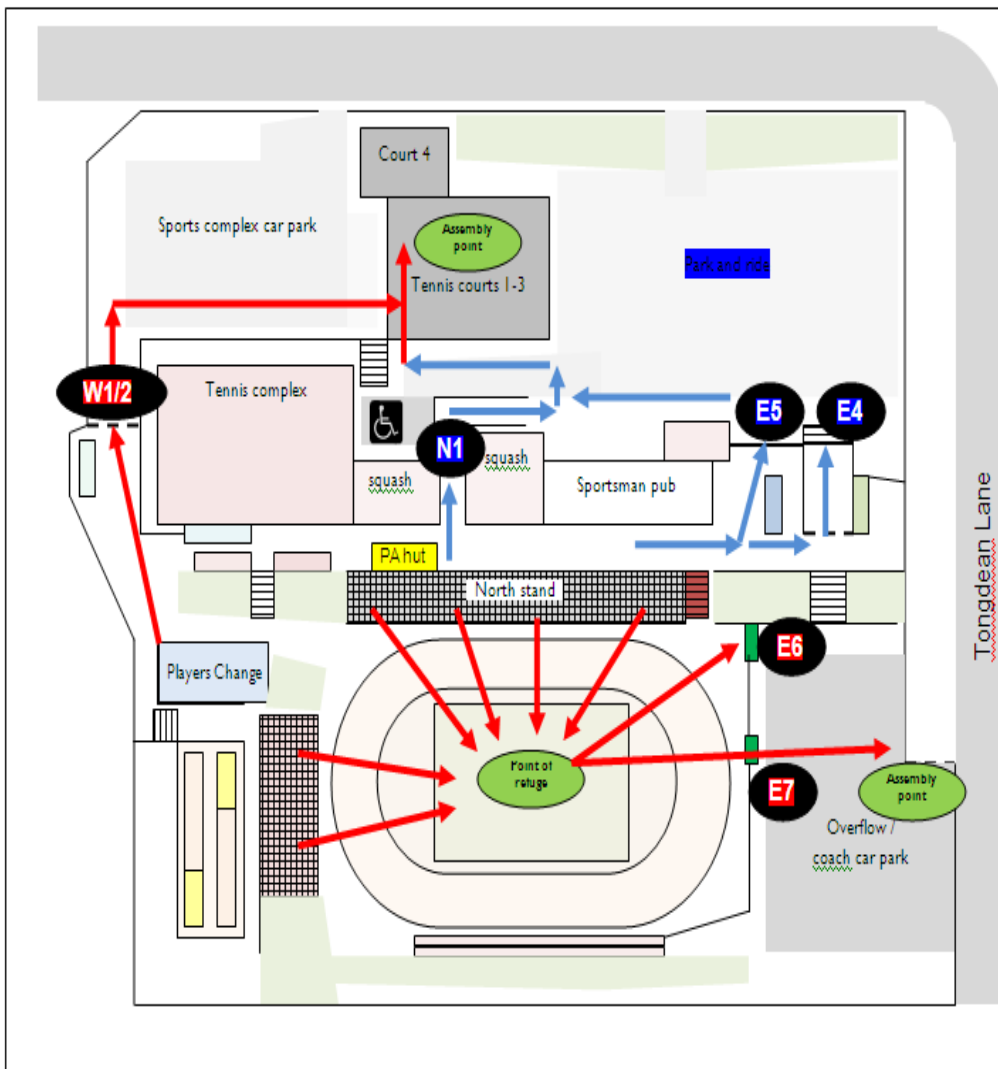


16.45 Presentation of Awards for Quadkids













Withdean Sports Complex Layout Schematic

The schematic diagram represents the current interim layout of the sports complex. In addition it displays the primary escape route and secondary escape route should the stadium need to be evacuated



Legend

-  = Primary evacuation route
-  = West Gate 1 and 2
-  = North Gate 1
-  = East Gate 6
-  = East Gate 7
-  = secondary evacuation route
-  = North gate 1
-  = East gate 4
-  = East gate 5
-  = Emergency evacuation points